Rizzie Farms

Garden Fresh Farm Recipes

Chicken Breasts Spinach Stuffed

These spinach stuffed chicken breasts are loaded with cream cheese, fresh spinach, and Parmesan cheese.

Ingredients:

2 chicken breasts

1 tablespoon olive oil

1 tesapoon paprika

1/4 teaspoon garlic powder

1/4 teaspoon onion powder

4 ounces cream cheese, softened

1/4 cup grated Parmesan

2 tablespoons mayonnaise

1 ½ cups chopped fresh spinach

1 teaspoon garlic, minced

½ teaspoon red pepper flakes

1 teaspoon lemon pepper

1 teaspoon rosemary

Black pepper (to taste)

Instructions:

Preheat oven to 375 degrees.

Place the chicken breasts on a cutting board and drizzle with olive. Add the paprika, garlic powder, black pepper and onion powder to a small bowl and stir to combine. Sprinkle evenly over both sides of the chicken.

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Use a sharp knife to cut a pocket into the side of each chicken breast. Set chicken aside.

Add cream cheese, Parmesan, mayonnaise, spinach, garlic, red pepper, lemon pepper, rosemary, black pepper and remaining ½ teaspoon of salt to a small mixing bowl and stir well to combine.

Spoon the spinach mixture into each chicken breast evenly. Place the chicken breasts in a 9x13 baking dish. Bake, uncovered, for 25 minutes or until chicken is cooked through.