

Garden Fresh Farm Recipes

Stuffed Bell Peppers Without Rice

What to do with all of the farm fresh green bell peppers at RizzieFarms? Easy! Here is a delicious stuffed bell pepper recipe without rice.

Ingredients:

4 bell peppers, we use green bell

1 lb ground beef 90% lean

1 lb Italian sausage

1/2 cup yellow onion, chopped

3 tsp minced garlic cloves

2 cups Italian bread crumbs

1 1/4 cup chunky marinara sauce

1 tsp dried basil

1/2 tsp sea salt

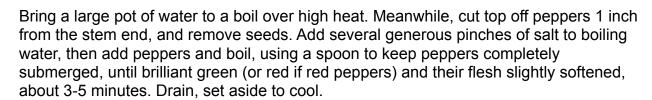
1/4 ground pepper

1 cup mozzarella cheese (divided)

1 tsp chives, optional

Directions:

Preheat oven to 350 degrees.



Cook ground meat in a pan for 6-7 minutes until cooked through. Drain the grease and set the meat aside in a bowl.

Sauté chopped onion, garlic for 4-5 minutes, until softened.

Add 1 cup marinara sauce, bread crumbs, dried basil, 1/2 tsp sea salt and 1/4 tsp ground black pepper to the same pan, mix together and simmer on medium low for 2 minutes until heated through.



Rizzie Farms

Garden Fresh Farm Recipes

Stir in ground meat and cook until heated through.

Stir in 1/2 cup of shredded mozzarella cheese.

Spoon the meat and sauce mixture into the peppers, add a small spoonful of marinara on the top and the remaining mozzarella cheese to top off each pepper.

Add 1/4 cup of water to the baking dish. Place in oven and bake for 40-50 minutes (or longer, depending on how big the peppers are that you are stuffing), until the internal temperature of the stuffed peppers is 150-160°F.

Garnish with chives if desired.