



Garden Fresh Farm Recipes

Mint Limeade in the Vitamix Blender

This quick and easy mint limeade is a welcome treat, especially on hot summer days. Get creative and try different flavor combinations that will pair easily with this mint limeade recipe as a base.

Ingredients:

- 5-6 medium limes
- 3 cups whole milk
- 1 cup cold water
- 1 cup granulated sugar or Date syrup
- 6 fresh mint leaves
- 2 cups crushed Ice cubes

Directions:

In a high-powered blender, combine the medium limes whole milk, cold water, granulated sugar, and fresh mint leaves.

Blend the mixture until smooth and well combined.

Pour the liquid through a fine mesh strainer to remove any pulp or solids.

Serve over a glass filled with ice cubes.

For the best taste and texture, enjoy the drink immediately.

